

Mandi R. Fowler, PhD, LICSW, PIP

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CURRICULUM VITAE

Education

PHD (SOCIAL WORK) • THE UNIVERSITY OF ALABAMA; TUSCALOOSA, AL • AUGUST 2016

Dissertation title: Effectiveness of case management intervention to improve treatment outcomes: A study using secondary data analysis to compare outcomes for juvenile sex offenders

Obtained \$1,200 Graduate Student Association Research and Travel grant in 2014 for international travel and conference presentation

MSW • THE UNIVERSITY OF ALABAMA; TUSCALOOSA, AL • MAY 2007

Concentration: Children Youth and Families

Field Placements

- The Youth Services Institute Spring 2007
- Davita Dialysis Spring 2006

BA • THE UNIVERSITY OF ALABAMA; TUSCALOOSA, AL • MAY 2002

Major: Psychology

Minor: Criminal Justice

Undergraduate Research Assistant, Psychology, August 2001 to May 2002

- Assisted psychology professor and graduate students with research projects in forensic psychology
- Completed an independent research project on the Native American population in the U.S. prison system

Teaching Experience

ADJUNCT INSTRUCTOR • THE UNIVERSITY OF ALABAMA, SCHOOL OF SOCIAL WORK

- Fall 2014: SW 208 Juvenile Delinquency
- Fall 2016: SW 540 Social Work Practice with Individuals and Families
- Spring 2017, Spring 2018: SW 570 Research Informed Practice (online)
- Fall 2017: SW546 Child and Adolescent Mental Health
- Spring 2018: SW570 Research Informed Practice (online)
- Summer 2018: SW570 Research Informed Practice (online)
- Fall 2018: SW529 Advanced Clinical Practice (online)
- Spring 2019: SW570 Research Informed Practice
- Fall 2019: SW529 Advanced Clinical Practice (online)
- Spring 2020: SW 570 Research Informed Practice
- Fall 2020: SW 525 Evaluation Research (online)

- Spring 2021: SW 703 Neuroscience in Clinical Practice (online DSW)
- Spring 2022: SW 703 Neuroscience in Clinical Practice (online DSW)

FIELD INSTRUCTOR • THE UNIVERSITY OF ALABAMA, SCHOOL OF SOCIAL WORK

- Provided field instruction for MSW and BSW students within students' placements at the Youth Services Institute
- 2009-2016

Clinical and Administrative Experience

INDEPENDENT CONTRACTOR • THE UNIVERSITY OF ALABAMA, YOUTH SERVICES INSTITUTE • MAY 2007 TO JANUARY 2008

- Provided treatment services to children and adolescents with sexual behavior problems across the state
- Completed psychosexual assessments, risk assessments, treatment plans, progress reports, and termination summaries
- Participated in court proceedings related to client's treatment progress, community notification, and release hearings
- Created group curriculum for adolescent females

SOCIAL WORKER I: PROGRAM SPECIALIST • THE UNIVERSITY OF ALABAMA, YOUTH SERVICES INSTITUTE • JANUARY 2008 TO DECEMBER 2011

- Collaborated with a multi-disciplinary team to develop and implement a model program for delinquent female adolescents with mental health issues
- Participated in multi-disciplinary team to develop and facilitate request for proposal process for the Alabama Department of Youth Services
- Provided treatment for adolescents with illegal sexual behavior and children with sexual behavior problems
- Completed psychosexual assessments, treatment plans, progress reports, and termination summaries
- Reviewed grant proposals for the Alabama Department of Youth Services
- Developed and presented training curriculum
- Recruited, supervised, and trained BSW and MSW students for internships/field placements
- Obtained funding and implemented new program as part of a team

SOCIAL WORKER II: PROGRAM MANAGER • THE UNIVERSITY OF ALABAMA, YOUTH SERVICES INSTITUTE • DECEMBER 2011 TO MARCH 2017

- Developed and implemented training program for a secure residential treatment facility
- Delivered and created training curriculum on an ongoing basis

- Obtained two year, \$300,000 grant to implement service program for youth with sexual behavior problems from the Office of Juvenile Justice and Delinquency Prevention (OJJDP)
- Wrote \$140,000 two year grant for the Alabama Department of Youth Services which was funded by the Alabama Department of Economic and Community Affairs (ADECA)
- Presented at professional and interdisciplinary national and international conferences
- Provided group and individual clinical supervision
- Supervised BSW and MSW students in the role of Field Instructor
- Completed yearly Training Needs Assessment for Alabama Department of Youth Services
- Planned and completed program evaluation activities
- Lead therapeutic and psycho-educational groups for at-risk youth
- Conducted investigations of allegations regarding sexual abuse and sexual harassment
- Provided individual therapy and assessment for youth involved in the juvenile justice system or at risk for involvement

MENTAL HEALTH PROFESSIONAL III: ASSOCIATE DIRECTOR • THE UNIVERSITY OF ALABAMA, YOUTH SERVICES INSTITUTE • MARCH 2017 TO MARCH 2021

- Directed community based clinical programs implemented by the institute
- Presented at professional and interdisciplinary national and international conferences
- Provided group and individual clinical supervision
- Coordinated research and writing of grant proposals
- Conducted investigations of allegations regarding sexual abuse and sexual harassment
- Provided individual therapy and assessment for youth involved in the juvenile justice system or at risk for involvement
- Developed and implemented trauma focused intervention for youth in foster care or at risk of foster care as part of an interdisciplinary team
- Served on the panel that makes recommendations to the Alabama Department of Youth Services regarding approved providers
- Contracted as a member of the National Center for the Sexual Behavior of Youth (NCSBY) training team
- Received grant from OJJDP for \$450,000 to expand services for children and youth with problematic sexual behaviors in Alabama

MENTAL HEALTH PROFESSIONAL IV: PROGRAM DIRECTOR • THE UNIVERSITY OF ALABAMA, YOUTH SERVICES INSTITUTE • MARCH 2021 TO PRESENT

- Direct research activities for the institute, serve as Primary Investigator (PI) or co-PI on projects
- Direct community based clinical programs implemented by the institute
- Present at professional and interdisciplinary national and international conferences

- Conduct investigations of allegations regarding sexual abuse and sexual harassment
- Provide individual therapy and assessment for youth involved in the juvenile justice system or at risk for involvement
- Create and lead workgroup in Alabama to address needs related to children and youth with problematic sexual behavior
- Contract member of the National Center for the Sexual Behavior of Youth (NCSBY) training team
- Received grant from OJJDP for \$450,000 to expand services in Alabama, serve as Primary Investigator on the project.
- Development of certification program for clinicians working with youth who have problematic sexual behavior.

Curriculum/Training Development and Delivery

Fowler, M.R. (2007) *Consequences: A group psycho-educational curriculum for teenage females to explore unhealthy behaviors.*

Nelson-Gardell, D. & Fowler, M.R. (2010) *Surviving Trauma: Children and Adolescents.* Developed for presentation to direct care staff in juvenile residential facilities to foster using trauma sensitive approaches to behavior management.

Fowler, M.R. (2012) *Introduction to Dialectical Behavior Therapy Skills.* An experiential training course for staff in a secure residential treatment facility.

Fowler, M.R. (2014) *Interpersonal Effectiveness and Professional Communication.* Training course for front line, administrative, and clinical staff at a treatment facility.

Fowler, M.R. (2015) *Ethics and Professional Boundaries.* Training course for front line and clinical staff at a treatment facility.

Fowler, M.R. (2015) *Ethical Decision Making.* Four hour continuing education workshop approved for social work CEU's.

Fowler, M.R., Monroe, A.M. & Leavell, H. (2020) *An Introduction to Problematic Sexual Behaviors in Children and Youth and the Role of Trauma.* Six hours continuing education workshop approved for social work and counseling CEU's.

Technical Reports

Fowler, M., Jones, A., Patterson, J., Ward, K., & Sumrall, M.A. (2008) *2007-2008 Department of Youth Services Training Needs Assessment.* The University of Alabama School of Social Work, Youth Services Institute.

Fowler, M., Patterson, J., Singley, K. (2009) 2008-2009 Department of Youth Services Training Needs Assessment. The University of Alabama School of Social Work, Youth Services Institute.

Fowler, M., & Patterson, J. (2010) 2009-2010 Department of Youth Services Training Needs Assessment. The University of Alabama School of Social Work, Youth Services Institute.

Fowler, M., & Robertson, R. (2011) 2010-2011 Department of Youth Services Training Needs Assessment. The University of Alabama School of Social Work, Youth Services Institute.

Fowler, M. & Nelson-Gardell, D. (2011). Children and Adolescents Surviving Trauma Training Assessment (Evaluation Report). The University of Alabama School of Social Work, Youth Services Institute.

Fowler, M., & Monroe, A. (2012) 2011-2012 Department of Youth Services Training Needs Assessment. The University of Alabama School of Social Work, Youth Services Institute.

Fowler, M., Robertson, R., & Monroe, A. (2013) 2012-2013 Department of Youth Services Training Needs Assessment. The University of Alabama School of Social Work, Youth Services Institute.

Nelson-Gardell, D., & Fowler, M. R. (2013). Working on Womanhood (WOW) program evaluation. The University of Alabama School of Social Work, Youth Services Institute.

Nelson-Gardell, D., & Fowler, M. R. (2014). Working on Womanhood (WOW) program evaluation. The University of Alabama School of Social Work, Youth Services Institute.

Nelson-Gardell, D., & Fowler, M. R. (2015). Working on Womanhood (WOW) program evaluation. The University of Alabama School of Social Work, Youth Services Institute.

Recidivism for youth in DYS Custody: 2014 & 2015 (2021). Technical Reports for the Alabama Department of Youth Services. The University of Alabama School of Social Work, Youth Services Institute.

Peer Reviewed Conference Presentations

Fowler, M.R. (2010). Understanding Juvenile Sexual Offending. Presentation given at the Ninth Annual Fall Social Work Conference (August 26, 2010).

Williamson, L. B., Patterson, J., Scott, V., Nelson-Gardell, D., & Fowler, M. R. (2011). The Working on Womanhood (WOW) Program. Presentation given at the 12th Annual Rural Health Conference Tuscaloosa, AL (April 25, 2011).

Terrell, J., Fowler, M.R., & Hartsell, B. (2013). A Psychosocial Model of Treatment for Juvenile Sex Offenders: A Continuum of Care Model. Presentation given at the 2013 Conference on the Prevention of Child Abuse and Neglect (April 5, 2013).

Fowler, M.R., & Nelson-Gardell, D. (2014). Social work and juvenile justice: Innovation through partnership. Presentation given at the 31st Annual National Organization of Forensic Social Work Conference New York, NY (July 26, 2014).

Fowler, M.R. (2014). Juvenile Justice Innovation through Partnership. Presentation given at the Engagement Scholarship Consortium International Conference Edmonton, Alberta (October 8, 2014).

Fowler, M.R., Terrell, J., MacNeil, G., & Nelson-Gardell, D. (2016). Debunking myths and misconceptions about working with juvenile sex offenders. Presentation given at the 2016 NASW-Alabama Chapter Annual State Conference Montgomery, AL (February 12, 2016).

Fowler, M. R. (2016). What happened to my funding, clients, research...? Challenges for the juvenile justice practitioner. Presentation given at the 2016 National Partnership for Juvenile Services Symposium Denver, CO (November 2, 2016).

Jones, A. M. & Fowler, M. R. (2016). It takes a village: Community based services in juvenile justice. Presentation given at the 2016 National Partnership for Juvenile Services Symposium Denver, CO (November 2, 2016).

Fowler, M. R. & Nelson-Gardell, D. (2018). Moving toward a holistic treatment model for youth with illegal sexual behavior. Presentation at the 2018 Annual National Organization of Forensic Social Work conference New Orleans, LA (June 20, 2018).

Fowler, M.R. & Beck, J.R. (2018). When you need to update your program: Tips and challenges. Presentation at the 2018 Association for Treatment of Sexual Abusers 37th Annual Research and Treatment Conference Vancouver, BC (October 19, 2018).

Farr, C., Orrock, J., Holmes, S., Fowler, M.R. & Beck, J.R. (2019). Pre-adjudication to community reintegration through public-public partnerships. Panel presentation at the 2019 Association for Treatment of Sexual Abusers 37th Annual Research and Treatment Conference Atlanta, GA (November 7, 2019).

Fowler, M.R. & Beck, J.R. (2019). Pre-adjudicatory assessment: Do or do not... Presentation at the 2019 Association for Treatment of Sexual Abusers 37th Annual Research and Treatment Conference Atlanta, GA (November 8, 2019).

Silovsky, J, Hanrahan, D, Fowler, M.R., Beck, J.R., Lafreniere, S.P., & Hanrahan, D. (2021). Children and Adolescents with Problematic or Illegal Sexual Behavior: Developing and Implementing Services to Create a Statewide Impact. Presentation and the 2021 Council for Juvenile Justice Conference Virtual (June 10, 2021).

Lee, L. H., Fowler, M., Lee, H., Beck, J., & Allen, A. (January 2022). *Race and gender differences in recidivism among at-risk Alabama youth*. Society for Social Work Research (SSWR), Washington, DC.

Community Service Experience

Volunteer, Temporary Emergency Counseling Services

- Provided crisis management counseling for survivors in the Tuscaloosa and Holt communities

Volunteer, Holt Community Outreach

- Provided mentoring after school to at-risk students in the Holt community

Quality Assurance Committee, Tuscaloosa County Department of Human Resources

- Conduct interviews, participate in quarterly committee meetings, and engage in activities to support continued improvements of the agency

Panel to approve providers who serve youth adjudicated for sexual offenses

- Review applications and make recommendations for provider approval to the Alabama Department of Youth Services

Licenses/Certifications/Organizations

- Licensed Independent Clinical Social Worker (LICSW) in Alabama since 2010
- Private Independent Practitioner (PIP) in Alabama since 2010
- Phi Alpha Social Work honorary society
- Nationally Certified Juvenile Sex Offender Treatment Provider since 2010
- Approved Juvenile Sex Offender Treatment Provider in Alabama since 2013, supervisor since 2018
- Scholars for Community Outreach, Partnership, and Engagement (SCOPE) Fellow 08/2013 to 08/2015
- Certified Trauma Focused Cognitive Behavioral Therapy (TF-CBT) provider since 2015
- Eye Movement Desensitization and Reprocessing (EMDR) trained therapist
- Trauma Systems Therapy (TST) trained clinician, trainer and supervisor since 2018
- Problematic Sexual Behavior-Cognitive Behavioral Therapy approved provider since 2017 and trainer since 2019

Skills/Interests

Teaching, program evaluation and research to improve services for at-risk youth and diversion from the juvenile justice system, Social Work administration, grant writing, and program development.