

BENJAMIN A. SIGEL, PH.D.

University of Arkansas for Medical Sciences
Department of Psychiatry
Psychiatric Research Institute
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EDUCATION

2010 Ph.D., Clinical Psychology, Oklahoma State University, Stillwater, OK
2006 M.S., Clinical Psychology, Oklahoma State University, Stillwater, OK
2001 B.A., Psychology, Boston University, Boston, MA

LICENSE

2011-Present Clinical Psychologist: Arkansas License #11-09P

HONORS AND AWARDS

2013 Educational Excellence Award, College of Medicine, University of Arkansas for Medical Sciences
2004 Graduate Student Incentive Award, Oklahoma State University
2001 Summa cum Laude with Distinction, College of Arts and Sciences, Boston University
2001 The Phi Beta Kappa Society
2000 Psi Chi, National Honor Society in Psychology
2000 Golden Key International Honour Society
1999-2001 Dean's List (8 semesters), College of Arts and Sciences, Boston University
1998 Merit Scholarship, College of General Studies, Boston University
1998 Capstone Award, College of General Studies, Boston University

MEMBERSHIP IN PROFESSIONAL ASSOCIATIONS

2004-Present American Psychological Association (APA)
2007-Present The American Professional Society on the Abuse of Children
2007-Present Section on Child Maltreatment, Society for Child and Family Policy and Practice, Division 37 of APA
2011-Present Arkansas Psychological Association
2018-Present Association for the Treatment of Sexual Abusers

PROFESSIONAL EMPLOYMENT EXPERIENCE

2017-Present Associate Professor, Department of Psychiatry, University of Arkansas for Medical Sciences, Little Rock, AR

- 2011-2017 Assistant Professor, Department of Psychiatry, University of Arkansas for Medical Sciences, Little Rock, AR
- 2010-2011 Post-Doctoral Fellow, Department of Psychiatry, University of Arkansas for Medical Sciences, Little Rock, AR
- 2009-2010 Pre-Doctoral Intern, Department of Psychiatry, University of Arkansas for Medical Sciences, Little Rock, AR, Accredited by the American Psychological Association
- 2008-2009 Therapist, Ambulatory Mental Health Clinic, Oklahoma City Veterans Affairs Medical Center, Oklahoma City, OK
- 2005-2008 Group Coordinator, Center on Child Abuse and Neglect, Department of Pediatrics, University of Oklahoma Health Sciences Center, Oklahoma City, OK
- 2005-2008 Therapist, Center on Child Abuse and Neglect, Department of Pediatrics, University of Oklahoma Health Sciences Center, Oklahoma City, OK
- 2004-2009 Psychological Associate, Psychological Services Center, Oklahoma State University, Stillwater, OK
- 2004-2005 Undergraduate Subject Pool Manager, Oklahoma State University, Stillwater, OK
- 2003-2004 Research Associate, Center for Adoption Research, University of Massachusetts Medical School, Worcester, MA
- 2002-2004 Clinical Counselor, Day Treatment Services, Youth Opportunities Upheld, Inc., Worcester, MA
- 2001-2003 Senior Clinical Counselor, The Village, Youth Opportunities Upheld, Inc., Worcester, MA

LEADERSHIP AND ADMINISTRATIVE EXPERIENCE

- 2017-2018 Director, Complex Trauma Assessment Program, Child Study Center, Department of Psychiatry, University of Arkansas for Medical Sciences, Little Rock, AR
- 2011-2017 Director, Child Traumatic Stress Clinic, Child Study Center, Department of Psychiatry, University of Arkansas for Medical Sciences, Little Rock, AR
- 2015-2016 Director, Complex Trauma Assessment Program, Child Study Center, Department of Psychiatry, University of Arkansas for Medical Sciences, Little Rock, AR

2012-2016 Director, Arkansas Network for Early Stress and Trauma (NEST), Child Study Center, Department of Psychiatry, University of Arkansas for Medical Sciences, Little Rock, AR

SERVICE COMMITTEES AND SUMMITS

2016 Summit Member, 2016 Convening to Advance Senior Leaders Summit, Center of Excellence for Children in State Custody, University of Tennessee Health Sciences Center and National Child Traumatic Stress Network

2016 Summit Member, 2016 Scale Up and Sustainability Summit, National Crime Victims Research and Treatment Center, Medical University of South Carolina and National Child Traumatic Stress Network

2013-2016 Committee Member, Implementation Taskforce, National Child Traumatic Stress Network

2013-2016 Workgroup Member, Zero to Six Workgroup, National Child Traumatic Stress Network

2012-2014 Committee Member, Social-Emotional Workgroup, Arkansas Early Childhood Comprehensive Systems Initiative

2011-2015 Committee Member, Early Career Psychologist Committee, Arkansas Psychological Association

2011-2012 Committee Member, Early Career Psychologist Committee, Society for Child and Family Policy and Practice, Division 37 of APA

EVIDENCE-BASED TREATMENT STATUS

2016-Present Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Trainer

2016-Present Problematic Sexual Behavior – Cognitive Behavioral Therapy (PSB-CBT) Trainer

2015-Present Child-Parent Psychotherapy (CPP) Supervisor

2016-2018 Parent-Child Interaction Therapy (PCIT) Regional Trainer (Level II)

TEACHING EXPERIENCE

Undergraduate Students

Department of Psychology, Oklahoma State University

2009 Lab Instructor, Psychology of Parent Behavior

2009 Teaching Assistant, Undergraduate Neurobiological Psychology

2008 Instructor, Abnormal Psychology
2005-2007 Instructor, Introductory Psychology
2005 Teaching Assistant, Neurobiological Psychology
2004 Teaching Assistant, Psychology of Minorities
2004 Teaching Assistant, Social Psychology

Pre-Doctoral Psychology Interns

Department of Psychiatry, University of Arkansas for Medical Sciences

2012-Present Course Instructor, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
2011-Present Course Instructor, Children with Problematic Sexual Behavior

Psychiatry Residents & Fellows

Department of Psychiatry, University of Arkansas for Medical Sciences

2016; 2018 Guest Lecturer, Children with Problematic Sexual Behavior
2016 Guest Lecturer, Treatment of Specific Phobias
2013-2016 Guest Lecturer, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
2012 Guest Lecturer, Therapy for Children and Adolescents
2011; 2015 Guest Lecturer, Anxiety Disorders in Children
2011 Guest Lecturer, PTSD Symptoms in Children

Post-Doctoral Fellows

Department of Psychiatry, University of Arkansas for Medical Sciences

2013-2017 Mentor, Post-Doctoral Fellows, UAMS
Karin Vanderzee, Ph.D. (Assistant Professor, UAMS)
Sufna John, Ph.D. (Assistant Professor, UAMS)
Tiffany West, Ph.D. (Assistant Professor, UAMS)
Allison Love, Ph.D. (PracticeWise)

AD HOC JOURNAL REVIEWER

Child Maltreatment

Children and Youth Services Review

Human Service Organizations: Management, Leadership, & Governance

CURRENT GRANT ACTIVITIES

1. National Institute of Health (1R34MH118486-01). Consultant (Jane F. Silovsky, Ph.D., Principal Investigator). Family Navigator E3 Project: Enhancing Early Engagement in Mental Health Services through Children's Advocacy Center's Family Advocates (2018-present)
2. Office of Juvenile Justice and Delinquency Prevention (2016-MU-MU-K053). Consultant (Jane F. Silovsky, Ph.D., Principal Investigator). Training and Technical Assistance on Community-Based Interventions for Problematic Sexual Behavior of Youth (2016-present)

3. Revenue Stabilization Act for 2010. Co-Investigator (Sufna G. John, Ph.D & Nicola A. Edge, Ph.D., Co-Principal Investigators). Arkansas Building Effective Services for Trauma (ARBEST) (2009-present)

PAST GRANT ACTIVITIES

1. Office of Juvenile Justice and Delinquency Prevention (2013-MU-MU-K102). Consultant (Jane F. Silovsky, Ph.D., Principal Investigator). Training and Technical Assistance on Community-Based Interventions for Problematic Sexual Behavior of Youth (2013-2018)
2. Substance Abuse and Mental Health Services Administration (5U79SM061110). Principal Investigator. Arkansas Network for Early Stress and Trauma (2012-2016)
3. Substance Abuse and Mental Health Services Administration (5U79SM061278). Consultant (Beverly Funderburk, Ph.D., Principal Investigator). The Families Increasing Resilience, Strength and Trust through Positive Relationships (FIRST) Program (2012-2016)
4. National Institute of Mental Health (1R21MH097784-01). Co-Investigator (Joshua Cisler, Ph.D., Principal Investigator). Neural Network Predictors of Treatment Outcome among Adolescent Assaulted Victims (2012-2014)

PEER-REVIEWED PUBLICATIONS

1. Secrist, M. E., John, S.G., Harper, S. L., Connors Edge, N. A., **Sigel, B. A.**, Sievers, C. & Kramer, T. L. (2019). Nightmares in treatment-seeking youth: The role of cumulative trauma exposure. *Journal of Child & Adolescent Trauma*.
2. Vanderzee, K. L., **Sigel, B. A.**, Pemberton, J. R., & John, S. G. (2019). Treatments for early childhood trauma: Decision considerations for clinicians. *Journal of Child & Adolescent Trauma*.
3. John, S. G., Brandt, T. W., Secrist, M. E., Mesman, G. R., **Sigel, B. A.**, & Kramer, T. L. (2019). Empirically-guided assessment of complex trauma for children in foster care: A focus on appropriate diagnosis of attachment concerns. *Psychological Services*, 16, 120-133.
4. John, S. G., Cisler, J. M., & **Sigel, B. A.** (2017). Emotion Regulation Mediates the Relationship between a History of Child Abuse and Current PTSD/Depression Severity in Adolescent Females. *Journal of Family Violence*, 32, 565-575.
5. Cisler, J. M., **Sigel, B. A.**, Steele, J. S., Smitherman, S., Vanderzee, K., Pemberton, J., Kramer, T. L., & Kilts, C.D. (2016). Changes in functional connectivity of the amygdala during cognitive reappraisal predict symptom reduction during Trauma-Focused Cognitive Behavioral Therapy among adolescent girls with PTSD. *Psychological Medicine*, 46, 3013-3023.

6. Cisler, J. M., **Sigel, B. A.**, Kramer, T. L., Smitherman, S., Vanderzee, K., Pemberton, J. R., & Kilts, C. D. (2016). Modes of large-scale brain network organization during threat processing and posttraumatic stress disorder symptom reduction during TF-CBT among adolescent girls. *PLoS One*, *11*.
7. Pemberton, J. R., Conners-Burrow, N. A., **Sigel, B. A.**, Stokes, L. D., Sievers, C. M., & Kramer, T. L. (2015). Factors associated with clinician adherence to TF-CBT post-workshop training components. *Administration and Policy in Mental Health*, *44*, 524-533.
8. Cisler, J. M., **Sigel, B. A.**, Kramer, T. L., Smitherman, S., Vanderzee, K., Pemberton, J. R., & Kilts, C. D. (2015). Amygdala response during emotion processing predicts trajectory of response to Trauma-Focused Cognitive Behavioral Therapy among adolescent girls with PTSD. *Journal of Psychiatry Research*, *71*, 33-40
9. Kramer, T. L., **Sigel, B. A.**, Conners-Burrow, N. A., Worley, K. B., & Church, J. K. (2015). It takes a state: Trauma-informed systems for children. *Best Practices in Mental Health*, *11*, 14-24.
10. Edwards, M. C., & **Sigel, B. A.** (2015). Estimates of the utility of Child Behavior Checklist/Teacher Report Form Attention Problem Scale in the diagnosis of ADHD in clinically referred children. *Psychopathology & Behavioral Assessment*, *37*, 50-59.
11. Conners-Burrow, N. A., Kramer, T. L., **Sigel, B. A.**, Helpenstill, K., Sievers, C., & McKelvey, L. (2013). Trauma-informed care training in a child welfare system: Moving it to the front line. *Children and Youth Services Review*, *35*, 1830-1835.
12. Fritz, R. M., Tempel, A. B., **Sigel, B. A.**, Conners-Burrow, N. A., Worley, K. B., & Kramer, T. L. (2013). Improving the dissemination of evidence-based treatments: Facilitators and barriers to participating in case consultation. *Professional Psychology: Research and Practice*, *44*, 225-230.
13. **Sigel, B. A.**, Benton, A. H., Lynch, C. E., & Kramer, T. L. (2013). Characteristics of 17 statewide initiatives to disseminate Trauma-Focused Cognitive Behavioral Therapy (TF-CBT). *Psychological Trauma: Theory, Research, Practice, and Policy*, *5*, 323-333.
14. **Sigel, B. A.**, Kramer, T. L., Conners-Burrow, N. A., Worley, K. B., Church, J. K., & Mitrani, N. (2013). Statewide dissemination of Trauma-Focused Cognitive Behavioral Therapy (TF-CBT). *Children and Youth Services Review*, *35*, 1023-1029.
15. Kramer, T. L., **Sigel, B. A.**, Conners-Burrow, N. A., Savary, P. E., & Tempel, A. B. (2013). A statewide introduction of trauma-informed care in a child welfare system. *Children and Youth Services Review*, *35*, 19-24.
16. Conners-Burrow, N. A., Tempel, A. B., **Sigel, B. A.**, Church, J. K., Kramer, T. L., & Worley, K. B. (2012). The development of a systematic approach to mental health screening in child advocacy centers. *Children and Youth Services Review*, *34*, 1675-1682.

17. **Sigel, B. A.** & Silovsky, J. F. (2011). Psychology predoctoral internship training in child maltreatment. *Training and Education in Professional Psychology, 5*, 237-243.
18. **Sigel, B. A.** & Silovsky, J. F. (2011). Psychology graduate school training in child maltreatment. *Psychological Trauma: Theory, Research, Practice, and Policy, 3*, 229-234.
19. Hartung, C. M., Lefler, E. K., Tempel, A., Armendariz, M. L., **Sigel, B. A.**, & Little, C. S. (2010). Halo effects in the assessment of ADHD and ODD: Identification of susceptible symptoms. *Journal of Psychopathology and Behavioral Assessment, 32*, 128-137.

PEER-REVIEWED PRESENTATIONS

1. **Sigel, B. A.** (2018, March). Children with problematic sexual behaviors: Who are they and how can we help? 2018 NASW Arkansas 39th Annual Conference, Little Rock, Arkansas.
2. **Sigel, B. A.** & Costello, L. (2018, March). Trauma-Informed Juvenile Justice. 2018 NASW Arkansas 39th Annual Conference, Little Rock, Arkansas.
3. **Sigel, B. A.** & Mitten, A. (2017, October). Clinical decision making for preschool and school age children with problematic sexual behavior and traumatic stress symptoms. 36th Annual ATSA Research and Treatment Conference, Kansas City, Missouri.
4. **Sigel, B. A.** (2017, April). Children with problematic sexual behaviors: Who are they and how can we help? MASOC/MATSA Annual Joint Conference, Marlboro, Massachusetts.
5. Pemberton, J. R., **Sigel, B. A.**, Funderburk, B., Girard, E., Messer, E., & Perry, N. (2015, September). Therapist progress through PCIT training: An “on the ground” perspective from trainers. International Parent-Child Interaction Therapy Conference, Pittsburgh, Pennsylvania.
6. **Sigel, B. A.** (2015, August). Evidence-based trauma treatments for young children. Arkansas Conference for Parent Education and Home Visitation, Little Rock, Arkansas.
7. **Sigel, B. A.**, Kramer, T. L., John, S. G., West, T. & Von Storch, J. (2015, August). Trauma-Focused Cognitive Behavioral Therapy (TF-CBT). Mental Health Council of Arkansas’ Annual Behavioral Health Institute, Hot Springs, Arkansas.
8. **Sigel, B. A.** (2014, December). Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) for female adolescents with high-risk behaviors and maladaptive relationship and behavior patterns. Arkansas Association for the Treatment of Sexual Abusers Conference, Fayetteville, Arkansas.
9. Pemberton, J. R. & **Sigel, B. A.** (2014, March). The right treatment for the right child: Understanding which evidence-based practice is most appropriate. National Symposium on Child Abuse, Huntsville, Alabama.

10. **Sigel, B. A.** & Helpenstill, K. (2014, January). Trauma-informed care: A statewide initiative for children. San Diego International Conference on Child and Family Maltreatment, San Diego, California.
11. **Sigel, B. A.** & Pemberton, J. R. (2013, September). The time out backup room: Balancing adaptation and fidelity to achieve sustainability. International Parent-Child Interaction Therapy Conference, Boston, Massachusetts.
12. **Sigel, B. A.** & Conners-Burrow, N. A. (2013, September). Supporting children impacted by maternal substance abuse and trauma. Annual Arkansas Conference for Parent Education and Home Visitation, Hot Springs, Arkansas.
13. **Sigel, B. A.** & Pemberton, J. R. (2013, August). Parent-Child Interaction Therapy (PCIT). Mental Health Council of Arkansas' Annual Behavioral Health Institute, Hot Springs, Arkansas.
14. Pemberton, J. R., **Sigel, B. A.**, Kramer, T. L., Conners-Burrow, N. A., Worley, K. B., & Sievers, C. M. (2012, November). Predicting fidelity in TF-CBT implementation: The effects of therapist characteristics on post-workshop follow-up participation. Association for Behavioral and Cognitive Therapies, National Harbor, Maryland.
15. **Sigel, B. A.** (2012, September). Addressing the needs of traumatized children. Annual Arkansas Conference for Parent Education and Home Visitation, Hot Springs, Arkansas.
16. Tempel, A. B., Fritz, R. M., **Sigel, B. A.**, & Kramer, T. L. (2012, January). Therapist, agency, and program characteristics related to involvement in case consultation following training in Trauma-Focused Cognitive Behavior Therapy (TF-CBT). International Conference on Child and Family Maltreatment, San Diego, California.
17. **Sigel, B. A.**, Kramer, T. L., & Connors-Burrow, N. (2011, August). Enhancing services for traumatized children: The ARBEST Project. Mental Health Council of Arkansas' Annual Behavioral Health Institute, Hot Springs, Arkansas.
18. **Sigel, B. A.**, Benton, A. H., Lynch, C. E., & Kramer, T. L. (2011, July). Findings for statewide dissemination programs using Trauma-Focused Cognitive Behavioral Therapy with children and adolescents. Annual American Professional Society on Abuse of Children Conference, Philadelphia, Pennsylvania.
19. **Sigel, B. A.** & Benton, A. H. (2010, December). Children with sexual behaviors. Arkansas Association for the Treatment of Sexual Abusers Conference, Fayetteville, Arkansas.
20. **Sigel, B. A.** & Silovsky, J. F. (2010, October). Psychology graduate school training on interventions for child maltreatment. Kansas Conference in Clinical Child and Adolescent Psychology, Lawrence, Kansas.

21. **Sigel, B. A.**, Benton, A. H., Lynch, C. E., & Kramer, T. L. (2010, October). Preliminary findings for statewide dissemination programs using Trauma-Focused Cognitive Behavioral Therapy with children and adolescents. Arkansas Psychological Association Conference, Little Rock, Arkansas.
22. **Sigel, B. A.**, Benton, A. H., Lynch, C. E., & Kramer, T. L. (2010, October). Preliminary findings for statewide dissemination programs using Trauma-Focused Cognitive Behavioral Therapy with children and adolescents. Kansas Conference in Clinical Child and Adolescent Psychology, Lawrence, Kansas.
23. **Sigel, B. A.** & Benton, A. H. (2009, December). An introduction to Trauma-Focused Cognitive Behavioral Therapy for children and adolescents. Invited oral presentation at the Arkansas Association for the Treatment of Sexual Abusers Conference, Fayetteville, Arkansas.
24. **Sigel, B. A.**, Bowman, R., & Benton, A. H. (2009, December). An introduction to sexual behavior problems in children and adolescents with Autism Spectrum Disorders. Arkansas Association for the Treatment of Sexual Abusers Conference, Fayetteville, Arkansas.
25. **Sigel, B. A.** & Hartung, C. M. (2008, October). Long-term effects of a brief, video-based parenting education program on parenting knowledge, attitudes, and self-efficacy in college students. Kansas Conference in Clinical Child and Adolescent Psychology, Lawrence, Kansas.
26. **Sigel, B. A.** & Silovsky, J. F. (2008, October). Psychology predoctoral internship training in child maltreatment. Kansas Conference in Clinical Child and Adolescent Psychology, Lawrence, Kansas.
27. Tempel, A. B., Hartung, C. M., **Sigel, B. A.**, Lefler, E. K., & Little, C. S. (2007, November). Biases in adult ratings of inattention, hyperactivity and oppositionality in children. Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.
28. Lefler, E. K., Hartung, C. M., Bartgis, J., Armendariz, M. L., & **Sigel, B. A.** (2006, November). Sex differences in relations among disinhibition, inattention, hyperactivity, and personality in college students. Association for Behavioral and Cognitive Therapies, Chicago, Illinois.
29. **Sigel, B. A.** & Hartung, C. M. (2006, October). Evaluation of a brief parent-training program for increasing parenting knowledge and changing maladaptive beliefs in expectant parents. Kansas Conference in Clinical Child and Adolescent Psychology, Lawrence, Kansas.
30. **Sigel, B. A.**, Malley-Morrison, K. (2001, August). The use of corporal punishment: Its association with parental authority style. American Psychological Association, San Francisco, California.

INVITED PRESENTATIONS

1. **Sigel, B. A.** & Mitten, A. (2018, June). Implementing TF-CBT for preschool and school age children with trauma related problematic sexual behaviors. 2018 National Symposium on the Sexual Behavior of Youth, Oklahoma City, Oklahoma.
2. **Sigel, B. A.**, Mitten, A., & Silovsky, J. F. (2018, April). Implementing TF-CBT for preschool and school age children with trauma related problematic sexual behaviors. 2018 CARES Institute Advanced TF-CBT Conference, Collingswood, New Jersey.
3. **Sigel, B. A.**, Mitten, A., & Silovsky, J. F. (2018, April). Sexual development in children - What is typical, concerning, or problematic? And dispelling the myths of children with problematic sexual behavior (PSB). 12th Annual Best Practice Symposium – CARES Institute. Brunswick, New Jersey.
4. **Sigel, B. A.**, Mitten, A., & Silovsky, J. F. (2018, April). Placement decisions, safety planning, and sibling reunification in cases of children with problematic sexual behavior. 12th Annual Best Practice Symposium – CARES Institute. Brunswick, New Jersey.
5. **Sigel, B. A.**, Mitten, A., & Silovsky, J. F. (2018, April). Community identification and response to sexual behavior of youth: Promising efforts. 12th Annual Best Practice Symposium – CARES Institute. Brunswick, New Jersey.
6. **Sigel, B. A.** & Widdifield, J. L. (2018, March). Treatment for children with problematic sexual behavior and traumatic stress symptoms. The 34th International Symposium on Child Abuse, Huntsville, Alabama.
7. **Sigel, B. A.** & Widdifield, J. L. (2018, March). More than playing doctor: An overview of children with problematic sexual behaviors. The 34th International Symposium on Child Abuse, Huntsville, Alabama.
8. **Sigel, B. A.** & Widdifield, J. L. (2018, March). Placement decisions, safety planning, and sibling reunification in cases of children with problematic sexual behaviors. The 34th International Symposium on Child Abuse. Huntsville, Alabama.
9. **Sigel, B. A.**, Mitten, A., & Silovsky, J. F. (2018, January). Clinical decision making for preschool and school age children with problematic sexual behavior and traumatic stress symptoms. San Diego International Conference on Child and Family Maltreatment. San Diego, California.
10. **Sigel, B. A.** (2017, May). Children with Problematic Sexual Behaviors: Who are they and how can we help? Project Play, Department of Family and Preventative Medicine, the University of Arkansas for Medical Sciences, Little Rock, Arkansas.
11. **Sigel, B. A.** (2017, April). Children with Problematic Sexual Behaviors: Who are they and how can we help? Suffolk County Child Advocacy Center, Boston, Massachusetts.

12. **Sigel, B. A. & Mesman, G. R.** (2016, December). Treatment decision making for preschool and school age children with problematic sexual behavior and trauma symptoms. Arkansas Association for the Treatment of Sexual Abusers Conference, Fayetteville, Arkansas.
13. **Sigel, B. A.** (2016, October). Sexual behaviors in children: Understanding what is typical versus problematic. Annual Arkansas Court Appointed Special Advocates Conference, Little Rock, Arkansas.
14. **Sigel, B. A.** (2016, April). Sexual behaviors in children: Understanding what is typical versus problematic. The Lake County Health Department and Community Health Center. Waukegan, Illinois
15. **Sigel, B. A.** (2016, April). Children with problematic sexual behavior: Who are they and how can we help the children and families? Boston Children's Hospital Child Protection Grand Rounds, Boston, Massachusetts.
16. **Sigel, B. A.** (2015, September). Sexual behavior in children. Psych TLC Monthly Teleconference, Department of Psychiatry, the University of Arkansas for Medical Sciences, Little Rock, Arkansas.
17. **Sigel, B. A.** (2015, July). Trauma-informed juvenile justice. Juvenile Officer Certification Training, Little Rock, Arkansas.
18. **Sigel, B. A. & Huddleston, A.** (2015, June). Your role in addressing maternal depression. Arkansas Association for Infant Mental Health Conference, Little Rock, Arkansas.
19. **Sigel, B. A. & Vanderzee, K. L.** (2015, May). Implementing Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) with adolescents. Southeast Child Psychiatry Consortium, Little Rock, Arkansas.
20. **Sigel, B. A.** (2015, April). Trauma treatments for very young children: Parent-Child Interaction Therapy and Child-Parent Psychotherapy. Arkansas Association for Infant Mental Health Conference, Little Rock, Arkansas.
21. **Sigel, B. A. & Conners-Burrow, N. A.** (2013, October). Supporting children impacted by maternal substance abuse and trauma. Annual Arkansas Early Childhood Association Conference, Hot Springs, Arkansas.
22. **Sigel, B. A. & Conners-Burrow, N. A.** (2013, September). Trauma in very young children. Annual Arkansas Court Appointed Special Advocates Conference, Little Rock, Arkansas.
23. **Sigel, B. A. & Conners-Burrow, N. A.** (2013, September). Supporting children impacted by maternal substance abuse and trauma. Arkansas Child Abuse and Neglect Conference, Little Rock, Arkansas.

24. **Sigel, B. A.** (2013, July). Supporting young children impacted by trauma. Psychosocial Grand Rounds, Arkansas Children's Hospital, Little Rock, Arkansas.
25. **Sigel, B. A.** & Conners-Burrow, N. A. (2013, May). Supporting children impacted by maternal substance abuse and trauma. Invited oral presentation at the Annual Arkansas Association for Infant Mental Health Conference, Little Rock, Arkansas.
26. **Sigel, B. A.** & Vanderzee, K. L. (2013, May). Caring for children who have experienced trauma. Annual Arkansas Division of Child and Family Services Foster Parent Conference, Centerton, Arkansas.
27. **Sigel, B. A.** (2013, May). Trauma-Focused Cognitive Behavioral Therapy (TF-CBT). Child Development and Behavior Conference (CDBC), James L. Dennis Developmental Center, Department of Pediatrics, the University of Arkansas for Medical Sciences, Little Rock, Arkansas.
28. **Sigel, B. A.** & Conners-Burrow, N. A. (2013, April). Supporting children impacted by maternal substance abuse and trauma. Ft. Smith School District Annual Training, Ft. Smith, Arkansas.
29. **Sigel, B. A.** & Hamman, K. (2013, February). Caring for children who have experienced trauma. Annual Arkansas Division of Child and Family Services Foster Parent Conference, Pine Bluff, Arkansas.
30. **Sigel, B. A.** & Rudy, B. (2012, October). Foster care trauma training. Annual Arkansas Division of Child and Family Services Foster Parent Conference, Ft. Smith, Arkansas.
31. **Sigel, B. A.** & Kramer, T. L. (2012, June). Trauma-Focused Cognitive Behavioral Therapy (TF-CBT). University of Arkansas at Little Rock MidSouth Summer School, Little Rock, Arkansas.
32. **Sigel, B. A.** & Hamman, K. (2012, May). Caring for children who have experienced trauma. Annual Arkansas Division of Child and Family Services Foster Parent Conference, Searcy, Arkansas.
33. **Sigel, B. A.** & Stokes, L. (2012, April). Caring for children who have experienced trauma. Foster Family-Based Treatment Association Institute, Little Rock, Arkansas.
34. **Sigel, B. A.,** Pemberton, J., Kramer, T. L., & Connors-Burrows, N. A. (2012, May). ARBEST: From evidence-based training for clinicians to implementation research. Department of Health Services Research Conference at the University of Arkansas for Medical Sciences, Little Rock, Arkansas.
35. **Sigel, B. A.** (2011, November). Enhancing services for traumatized children: The ARBEST Project. Department of Psychiatry Continuing Education, Child Study Center, University of Arkansas for Medical Sciences, Little Rock, Arkansas.

36. **Sigel, B. A.**, Fritz, R. M., & Kramer, T. L. (2011, April). Factors associated with clinician participation in an evidence-based dissemination project. Department of Health Services Research Conference at the University of Arkansas for Medical Sciences, Little Rock, Arkansas.
37. **Sigel, B. A.**, Benton, A. H., & Lynch, C. E. (2010, June). Preliminary findings for statewide dissemination programs using Trauma-Focused Cognitive Behavioral Therapy with children and adolescents. Department of Health Services Research Conference at the University of Arkansas for Medical Sciences, Little Rock, Arkansas.
38. **Sigel, B. A.** (2009, May). Identification and treatment of preschool and school age children with sexual behavior problems. Oklahoma Conference on Treatment of Children and Adolescents with Problematic Sexual Behavior, Oklahoma City, Oklahoma.
39. **Sigel, B. A.** (2008, September). Identification and treatment of preschool and school age children with sexual behavior problems. Oklahoma Conference on Child Abuse and Neglect and Healthy Families, Oklahoma City, Oklahoma.
40. **Sigel, B. A.** & Silovsky, J. F. (2008, June). Psychology predoctoral internship training in child maltreatment. Department of Pediatrics Research Day at the University of Oklahoma Health Sciences Center, Oklahoma City, Oklahoma.

OTHER PUBLIC DISSEMINATION OF WORK

1. Vanderzee, K. L. & **Sigel, B. A.** (2015). Trauma in early childhood (newsletter created for First Connections). *Connections*, 2.
2. Vanderzee, K. L., **Sigel, B. A.**, Bell, D., & Sievers, C. M. (2015). Coming together to counteract trauma's costs to childhood. (newsletter created for the Arkansas Court Improvement Program). *Arkansas Court Improvement Program*, 4-5.
3. **Sigel, B. A.** & Vanderzee, K. L. (2015). Trauma across the ages: Trauma and adolescents (newsletter created for Arkansas Department of Human Services). *DCFS Connections*, 2-3.
4. Conners-Burrow, N., Amundson Lee, C., **Sigel, B. A.**, Bokony, P., Huddleston, A., & Pemberton, J. R. (2014). Summary of Arkansas' strategic plan for early childhood mental health (Publication created for the Arkansas Early Childhood Comprehensive Systems Social-Emotional Workgroup). 1-6.
5. Sievers, C. M., **Sigel, B. A.**, & Kramer, T. L. (2012). Trauma-focused interventions (newsletter created for the University of Arkansas at Little Rock MidSOUTH). *Foster Pride*, 1-2.

COMMUNITY OUTREACH

1. **Sigel, B. A.** & Kramer, T. L. (2011, Summer & Fall). Trauma-informed child welfare practices. Series of trainings to all Arkansas DCFS directors, supervisors, and field workers. Arkansas.